

Maintenance consist of hand washing using neutral detergent and drying protected from sunlight. Only for metal mobile parts, lubricate them with silicon oil. For PolyAmide, PolyEster, stainless steel, disinfection consist in washing at 60°C and drying protected from sunlight. For aluminium alloy, carbon steel or HMPE devices, disinfection consist in a quarantine period of minimum 7 days (see local regulations). In both cases, do not iron, bleach, tumble, spin dry, do not use a dryer. Store and transport the device in a dry place with temperatures between -10°C to 50°C, well ventilated and chemically neutral, protected from sunlight and UV. Do not expose to chemicals, cutting edges, mechanical damage, microbes, rain, or wetness.

User safety depends on continuous efficiency, integrity and strength of the device, which it is necessary to monitor through the controls and the prescribed inspections. Before and after use the user must carry out all the checks described, and in particular make sure that the device is in optimal conditions, works properly, and is suitable for use (any other use is non-compliant and therefore potentially dangerous). Inspections of Category III devices shall be carried out at least every 12 months starting from the first use, by a competent person (e.g. a "KONG PPE Inspector") in compliance with the manufacturer's requirements. The time interval between inspections can be reduced according to the method, the frequency, and the environment of use. The results of periodic inspections must be recorded on the device inspections form or on a designated register.

The lifespan of the metal components is indefinable, theoretically unlimited, while those affected by aging report the expiration date over which the device shall be replaced (usually 10 years from manufacturing). This provided that the device was not used to stop a fall; storage, maintenance, use, comply with the information in this information; the results of pre-use and post-use checks and inspections are positive; the device is used not exceeding the marked breaking load of 1/4 for metal devices, or 1/10 for textile devices.

This device can be used in combination with other devices when compatible with relevant manufacturer information. Discard the devices used to stop a fall or which have not passed pre-use or post-use checks, or periodic inspections. Personal use of the device is recommended. If the user has the slightest doubt about the efficiency of the device shall replace it immediately, particularly after using it to stop a fall.

Avoid exposing the device to sources of heat and contact with substances chemical. Reduce direct exposure to the sun, in particular for textile and plastic devices. Low temperatures and humidity can facilitate the formation of ice, make it difficult to make connections, reduce flexibility, as well as increasing the risk of breakage, cutting and abrasion. The minimum strength of the anchor points shall be at least 12 kN, both made on natural and artificial elements. The evaluation of those made on natural elements (rock, plants, etc.) are only possible in an empirical way, so it shall be carried out by a trained and experienced person. For those made on elements artificial (metal, concrete, etc.), the evaluation can be carried out scientifically, therefore it shall be carried out by a trained and authorized person. EN363 fall protection/prevention systems requires a EN795 anchor point.

Prolonged suspension, especially if inert, can cause damage irreversible and even death. It is absolutely forbidden to modify and / or repair the device, outside than what is prescribed in this information. This device shall only be used by users medically fit, trained (and educated) for use or under direct control of trainers / supervisors. Improper use, deformations, falls, wear, chemical contamination, exposure to temperatures below -30 ° C or above + 50 ° C for textile/plastic parts/devices and + 120 ° C for metal devices, are some examples of other causes that can reduce, limit and terminate the life of the device.

This manufacturer's instructions and information must be read and well understood by the user before using the device. Check that the device has been supplied intact, in the original packaging and with its information. For devices sold in different countries from the destination of origin, the distributor must verify and supply the translation of this information. In individual fall protection/prevention systems is essential to carry out risk assessment and ensure that the entire system, of which this device is only one part, is both reliable and safe. There must be in place a rescue plan to deal with any emergencies that could arise while using the device. The position of the anchor device or the anchor point is fundamental and must be as high as possible, while the height of potential falls must be reduced to the minimum. Devices equipped must be suitable for the purpose and certified. In a fall arrest system it is mandatory to use a full body harness being the only device suitable for this use and it must comply with current regulations. Assess the clearance under the user, the height of a potential fall, the stretch of the line/rope, the deployment of an eventual energy absorber, the height of the user, and the "pendulum" effect, in order to avoid any possible obstacle. Personal protective equipment is certified by the notified body reported in the specific instructions of the device in accordance with Annex V of the Regulation (EU) 2016/425 and/or Regulation 2016/425 as amended to apply in Great Britain. If Category III PPE, they are subject to surveillance of production by the notified body whose accreditation number is marked on the device, in accordance with Annex VIII of the Regulation (EU) 2016/425 and/or Regulation 2016/425 as amended to apply in Great Britain. MASTER TEXT in English

The Category III Personal Protective Equipment **8W9.401** is:
 - a EN358 body support that encloses the body at the waist suitable to be used in restraint systems equipped with a back attachment element;
 - a EN358 body support that encloses the body at the waist suitable to be used in work positioning systems equipped with two lateral and symmetrical attachment elements;
 - a EN361 full body harness suitable to be used in fall arrest systems equipped with one dorsal and one sternal attachment point (identified with "A");
 - a EN313 sit harness suitable to be used in prevention and protection against fall from a height (restrain, work positioning, rope access, etc.) equipped with a ventral attachment point;
 - part of a system protecting/preventing against impact caused by fall from a height;
 - certified according to EN358:2018, EN361:2002, EN313:2008.

Fig. 1 - Dressing - First of all check the size (see SIZE table).
 To fit the harness correctly:
 - open all buckles;
 - slip the legs in the belt (A);
 - slip the head in the chest harness (B);
 - clip the carabiner (C) in the ventral loop (NOT in the metal ring);
 - close the buckles of the thigh loops (D);
 - tighten the laces of the belt (A) and the thigh loops (D);
 - adjust the dorsal attachment point by tightening the loop (E);
 - adjust the sternal attachment point by tightening the loops (F);
 - set the excess tapes in the elastic bandes near the buckles.
Fig. 2 - Size recommendation - The sternal and the dorsal attachment points should be in the area indicated. The belt (A) and its buckles should be always above the ileum crest. The user should be able to show 2 fingers between the harness and the body.
Fig. 3 - Attachment points - EN361 attachment points indicated with "A" must be located as shown.
Fig. 4 - Assembly - Tying of the back loop (E).
Fig. 5 - Belly ascender - Use a quicklink to connect the ventral ascender to the belt loop between the connector and the metal ring, and use the proper tape to sustain it. Performances checked with Kong 602.100 TRIANGLE QUICK LINK and Kong 824.000 CAM CLEAN.

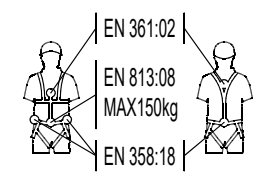
Compatibility - This device has been designed to be used with:
 - connectors according to EN362 and/or EN12275;
 - lanyards according to EN354 and/or EN360;
 - energy absorbers according to EN355 and/or EN358;
 - ropes according to EN892 or EN1891.

Checks before and after use - Before and after use, make sure that the device is in an efficient condition and that it is working properly, in particular, check that:
 - it is suitable for the intended use;
 - has not been mechanically deformed;
 - does not show cracks, wear, corrosion and oxidation;
 - stitching are intact, and there are no cut or loose threads;
 - buckles function correctly (locking, adjusting and locking);
 - textile parts do not have cuts, burns, chemical residues, excessive hair, wear, in particular check the areas in contact with metal components (buckles, attachment point, etc.);
 - markings are legible.
 Before use and in a position that is completely safe, on each occasion check that the device holds correctly by putting your weight on it. The device must feel comfortable and the adjustment elements shall always be in the correct range.

Important:
 - work positioning requires anchor points to be at or above the waist level;
 - during use regularly check the fastening of the buckles and if the device is undamaged;
 - the PPEs composing the fall prevention/protection system must properly be selected according to the weight of the user and the condition of application, paying special attention to energy absorbing elements;
 - this device is only a part of a system preventing/protecting against impact caused by fall from a height and therefore it shall be connected to other devices (i.e. shock absorber, ropes, etc.) in order to obtain a fall arrest system suitable to the situation and conform to current regulations.

Warning:
 - lateral attachment points must always be used together;
 - improper fastening of the buckles can lead to irreversible damage and fatal consequences;
 - the system tied to the ventral attachment points must always be taught or with a maximum slack of 0.6 meters;
 - prolonged suspension on the harness, especially in motionless conditions, may cause harness hang syndrome (or suspension trauma) that can lead to loss of consciousness and even death;
 - ventral, lateral, and rear attachment elements of the belt (A) are not suitable to create EN363 fall arrest systems, and must be used with an additional fall arrest system in place connected to EN361 points.

MARKINGS



Use as Full Body Harness, Compliance with European standard EN361:2002 - Full Body Harness for fall protection systems EN361:2008 - Sit harness for fall protection/prevention systems EN358:2018 - Work positioning belt

Utilizzo come imbracatura integrale, conformità alla norma europea EN361:2002 - Imbracatura completa per sistemi di protezione anticaduta EN361:2008 - Imbracatura da sedili per sistemi di protezione/prevenzione delle cadute EN358:2018 - Cintura di posizionamento sul lavoro

Utilisation comme harnais complet, conformité à la norme européenne EN361:2002 - Harnais complet pour systèmes de protection contre les chutes. EN361:2008 - Harnais cuisard pour systèmes de protection/prévention des chutes EN358:2018 - Ceinture de maintien au travail

Verwendung als Auffanggurt für den ganzen Körper, Übereinstimmung mit der europäischen Norm EN361:2002 - Auffanggurt für Absturzschutzsysteme EN361:2008 - Sitzgurt für Absturzschutz- und Vermeidungssysteme EN358:2018 - Gurt zur Arbeitsplatzpositionierung

Use como arnés de cuerpo entero, Conformidad con la norma europea EN361:2002 - Arnés de cuerpo entero para sistemas de protección anticaidas EN361:2008 - Arnés de asiento para sistemas de protección/prevenção de quedas EN358:2018 - Cinturón de posicionamiento en el trabajo

Utilização como arnés de corpo inteiro, conformidade com a norma europeia EN361:2002 - Arnés de corpo inteiro para sistemas de protecção contra quedas EN361:2008 - Arnés de segurança para sistemas de protecção/prevenção de quedas EN358:2018 - Cinto de posicionamento no trabalho

Использование в качестве полнотелого жгута, соответствие европейскому стандарту EN361:2002 - Жгуты для полного тела для систем защиты от падения EN361:2008 - Сидячие ремни для систем защиты от падения/предотвращения падений EN358:2018 - Пояс для позиционирования на рабочем месте

Utilizzo come imbracatura integrale, conformità alla norma europea EN361:2002 - Imbracatura completa per sistemi di protezione anticaduta EN361:2008 - Imbracatura da sedili per sistemi di protezione/prevenzione delle cadute EN358:2018 - Cintura di posizionamento sul lavoro

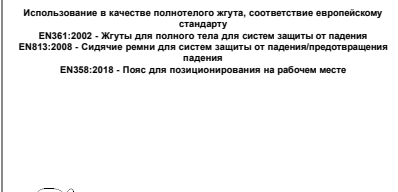
Utilisation comme harnais complet, conformité à la norme européenne EN361:2002 - Harnais complet pour systèmes de protection contre les chutes. EN361:2008 - Harnais cuisard pour systèmes de protection/prévention des chutes EN358:2018 - Ceinture de maintien au travail

Verwendung als Auffanggurt für den ganzen Körper, Übereinstimmung mit der europäischen Norm EN361:2002 - Auffanggurt für Absturzschutzsysteme EN361:2008 - Sitzgurt für Absturzschutz- und Vermeidungssysteme EN358:2018 - Gurt zur Arbeitsplatzpositionierung

Use como arnés de cuerpo entero, Conformidad con la norma europea EN361:2002 - Arnés de cuerpo entero para sistemas de protección anticaidas EN361:2008 - Arnés de asiento para sistemas de protección/prevenção de quedas EN358:2018 - Cinturón de posicionamiento en el trabajo

Utilização como arnés de corpo inteiro, conformidade com a norma europeia EN361:2002 - Arnés de corpo inteiro para sistemas de protecção contra quedas EN361:2008 - Arnés de segurança para sistemas de protecção/prevenção de quedas EN358:2018 - Cinto de posicionamento no trabalho

Использование в качестве полнотелого жгута, соответствие европейскому стандарту EN361:2002 - Жгуты для полного тела для систем защиты от падения EN361:2008 - Сидячие ремни для систем защиты от падения/предотвращения падений EN358:2018 - Пояс для позиционирования на рабочем месте



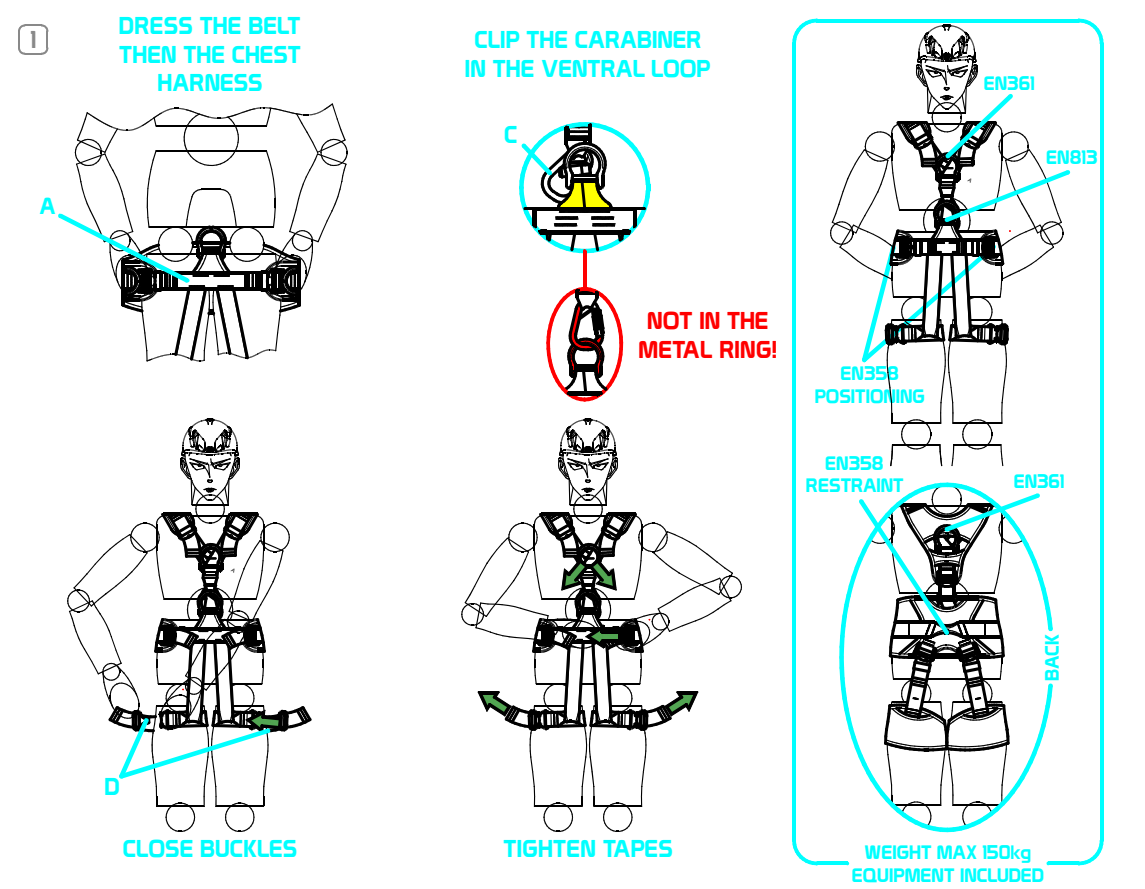
Adjustment and locking of the webbing
 Regolazione e bloccaggio della fettuccia
 Ajustement et verrouillage de la sangle
 Einstellung und Verriegelung des Gurtes
 Ajuste e bloqueio de las correas
 Ajuste e bloqueio da cinta
 Регулировка и фиксация тесьмы

INSPECTION SHEET

1	2	3	4	5
6	7	8	9	10
11	12			

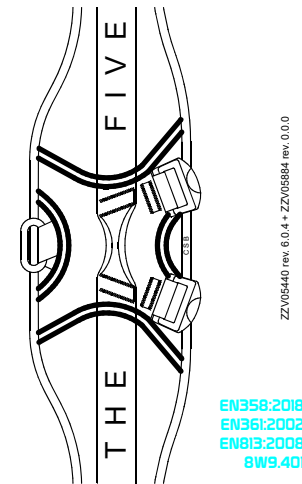
1	Model - Modello - Modèle - Modell - Modelo - Modelo - Модель
2	Serial number - Numero seriale - Numéro de série - Seriennummer Número de serie - Número de série - Серийный номер
3	Production date - Data di produzione - Date de production - Herstellungsdatum Fecha de producción - Data de produção - Дата производства
4	Expiring date - Data di scadenza - Date de péremption - Gültigkeitsdatum Fecha de caducidad - Prazo de validade - Дата истечения срока действия
5	First use date - Data di primo utilizzo - Date de première utilisation Datum der Erstbenutzung - Fecha del primer uso - Data da primeira utilização Дата первого использования
6	User name - Nome utilizzatore - Nom d'utilisateur - Name des Anwenders Nombre del usuario - Nome do utilizador - Имя пользователя
7	Place of purchase - Luogo di acquisto - Lieu d'achat - Verkaufsort Lugar de adquisición - Local de compra - Место приобретения
8	Inspection date - Data ispezione - Date de l'inspection - Datum der Inspektion Fecha de inspección - Data da inspeção - Дата проверки
9	Result - Risultato - Résultat - Ergebnis - Resultado - Результат
10	Comments - Commenti - Commentaires - Anmerkungen Comentarios - Comentários - Комментарии
11	Next inspection before - Proxima inspección dentro de - Proxima inspeção dentro de - Следующая проверка до
12	Inspector's sign - Firma ispettore - Signature de l'inspecteur - Unterschrift des Prüfers Firma del Inspector - Assinatura do inspetor - Знак инспектора

DRAWINGS



X-FIVE FAST

WWW.KONG.IT
 Made in Italy



EN358:2018
 EN361:2002
 EN313:2008
 8W9.401

TRACEABILITY

Batch number
 Numero di lotto
 Numéro de lot
 Chargennummer
 Partida
 Número do lote
 Номер партии

Progressive number in the batch
 Numero progressivo nel lotto
 Numéro de série dans le lot
 Fortlaufende Nummer im Los
 Número sequencial no lote
 Número progresivo en el lote
 Последовательный номер в партии

Month (MM) and year (YYYY) of production
 Mese (MM) e anno (YYYY) di produzione
 Mois (MM) et année (YYYY) de production
 Monat (MM) und Jahr (YYYY) der Produktion
 Mes (MM) e año (YYYY) de producción
 Mês (MM) e ano (YYYY) de produção
 Месец (MM) и год (YYYY) производства

Month (MM) and year (KKKK) of expiration
 Mese (MM) e anno (KKKK) di scadenza
 Mois (MM) et année (KKKK) de péremption
 Monat (MM) und Jahr (KKKK) der Gültigkeit
 Mes (MM) e año (KKKK) de caducidad
 Mês (MM) e ano (KKKK) data de validade
 Месец (MM) и год (KKKK) окончания срока годности

SYMBOLS USED

- Correct use - Uso corretto - Utilisation correcte - Sachgemäßer Gebrauch
 Uso correcto - Utilização correta - Правильное использование
- Wrong use - Uso errato - Mauvaise utilisation - Unsachgemäßer bzw. falscher Gebrauch
 Uso equivocado - Utilização incorreta - Неправильный использовать
- Attention, not allowed - Attenzione, non consentito - Attention, non autorisé - Achtung, nicht erlaubt
 Atención, no permitido - Atenção, não permitido - Внимание, запрещено
- Danger of death - Pericolo di morte - Danger de mort - Todesgefahr
 Peligro de muerte - Perigo de morte - Опасность смерти
- Anchor point - Punto di ancoraggio - Point d'ancrage - Anschlagpunkt
 Punto de anclaje - Ponto de ancoragem - Якорная точка
- Manoeuvre with the need of manual control - Manovra con necessità di controllo manuale - Manoeuvre avec nécessité d'un contrôle manuelle
 Manöver mit einer erforderlichen manuellen Kontrolle - Manobra com necessidade de controle manual - Маневрирование без необходимости ручного управления
- Attached person - Persona collegata - Personne rattachée - Verbundene Person
 Pessoa enganchada - Pessoa ligada - Прикрепленный человек
- Load - Carico - Charge - Belastung - Carga - Carga - Загрузка

NOMENCLATURE

EN: (A) Belt, (B) Chest harness, (C) Carabiner, (D) Thigh loops, (E) Spinal tape, (F) Shoulder tape.
 Attachment points and buckles material: Aluminium alloy or plated carbon steel.
 Main textile material: PolyAmide and PolyEster.

IT: (A) Cintura, (B) Imbracatura pettorale, (C) Moschettone, (D) Coscette, (E) Nastro spinale, (F) Nastro per le spalle.
 Materiale dei punti di attacco e delle fibbie: Lega di alluminio o acciaio al carbonio placcato.
 Materiale tessile principale: PoliAmide e PoliEster.

FR: (A) Ceinture, (B) Harnais de poitrine, (C) Mousqueton, (D) Boucles de cuisse, (E) Bande vertébrale, (F) Bande d'épaule.
 Matériau des points d'attache et des boucles: Alliage d'aluminium ou acier au carbone plaqué.
 Matériau textile principal: PolyAmide et PolyEster.

DE: (A) Gürtel, (B) Brustgeschir, (C) Karabiner, (D) Oberschenkelschlaufen, (E) Werbelsäulenband, (F) Schulterband.
 Material der Befestigungspunkte und Schnallen: Aluminiumlegierung oder beschichteter Kohlenstoffstahl.
 Haupttextilmaterial: Polyamid und PolyEster.

ES: (A) Cinturón, (B) Arnés de pecho, (C) Mosquetón, (D) Trabillas de muslo, (E) Cinta espinal, (F) Cinta de hombro.
 Material de los puntos de enganche y las hebillas: Aleación de aluminio o acero al carbono chapado.
 Material textil principal: PoliAmide y PolyEster.

PT: (A) Cinto, (B) Arnés de peito, (C) Mosquetão, (D) Anel das coxas, (E) Fita espinal, (F) Fita de ombro.
 Pontos de fixação e material das fivelas: Liga de alumínio ou aço-carbono chapado.
 Material têxtil principal: Poliamida e PolyEster.

RU: (A) Пояс, (B) Грудная обвязка, (C) Карабин, (D) Беденные петли, (E) Спинальная лента, (F) Плечевая лента.
 Материал точек крепления и пряжек: Алюминиевый сплав или углеродистая сталь с покрытием.
 Основной текстильный материал: PolyAmide и PolyEster.

Read and always follow the information supplied by the manufacturer
 Leggere e seguire sempre le informazioni fornite dal fabbricante
 Toujours lire et suivre les informations fournies par le fabricant
 Die Angaben des Herstellers müssen immer gelesen und befolgt werden
 Lea siempre y respete la información proporcionada por el fabricante
 Leia e siga sempre as informações fornecidas pelo fabricante
 Читайте и всегда следуйте информации, предоставленной производителем

CE **UK** **CERTIFIED BY**
MODULE D surveillance
MODULE B type certificate
 NB n° 0068
 MTIC InterCert S.r.l.
 Via G.Leopardi 14
 20123 - Milano (MI) - Italy

NB n° 8503
 Certdolomiti Ltd
 17 Grosvenor Street
 Mayfair, London, W1K 4QG - UK

According to PPE Regulation 2016/425
MODULE B
 type certificate
 NB n° 0123
 TÜV SÜD Product Service GmbH
 Daimlerstraße 11
 85748 Garching - Germany

Download the declaration of conformity at:
 Scarica la dichiarazione di conformità a :
 Télécharger la déclaration de conformité à :
 Laden Sie die Konformitätserklärung herunter zu:
 Descargar la declaración de conformidad en:
 Descarregue a declaração de conformidade de:
 Скачайте декларацию о соответствии по адресу:
www.kong.it/conformity

Please consult our website for information on guarantee and law obligations:
 www.kong.it/additionalinfo

